

## UPCOMING WORSHIP INFO

We will be meeting in person for Sunday school classes at **9:30 a.m.**, and we will be meeting in person in the auditorium for worship at **10:30 a.m.** on **January 23, 2022**. Please go directly to your class when you arrive.

The **van will be running** on Sunday, January 23. If you need a ride, please contact **Scott Harris** at **931-629-5994**.

Masks are available for your use as you arrive. Hand sanitizer is available. On Sunday mornings, we are continuing to use individual/personal communion kits (PCKs). Please place your empty PCK back into the plastic bag and discard it as you exit. You can deposit your contribution in the slot boxes in the foyer.

If you are sick in any way or running a fever, we obviously expect you to continue to worship with us online or on the radio. If you are especially vulnerable to the more drastic effects of Covid-19 and/or these safety measures will be difficult or impossible for you to follow, then we understand if you choose to stay home and worship with us online or on the radio.

### CONSOLE and PROJECTOR OPERATORS

Sunday, January 23: **Mark Evans** and **Shayne Adams**

Sunday, January 30: **Mark Evans** and **Shayne Adams**

Sunday, February 6: **Tommy McClaren** and **Ethan Cooper**

Sunday, February 13: **Tommy McClaren** and **Ethan Cooper**

We are **meeting in person** for Wednesday evening Bible classes at **7 p.m.** Jacob is teaching the adult class in the auditorium. Everyone (adults and children), please remember to assemble in the auditorium **FIRST** to hear announcements and further information.

## REMOTE ACCESS

### SUNDAY MORNING WORSHIP SERVICE

Via Internet: Go to (1) **Pulaski Street's Facebook Page** or (2) **Pulaski Street Church of Christ's YouTube Channel** at **10:30 a.m.**

Via Radio: The Sunday morning services will **air at about 6 p.m.** (6 p.m. is not an exact time; the broadcast should begin sometime between 6 p.m. and 6:30 p.m.) on Sunday evenings at 106.1 FM (Lawrenceburg), 93.1 FM (Loretto), or 590 AM (Lawrence County) and via X Radio App on both Apple and Android.

Sunday Evening Bible Class Livestream: Go to **Pulaski Street's Facebook page** or **Pulaski Street Church of Christ's YouTube Channel** at **6 p.m.**

Wednesday Evening Adult Bible Class Livestream: Go to **Pulaski Street's Facebook page** or **Pulaski Street Church of Christ's YouTube Channel** at **7 p.m.**

During **church office hours (Monday through Friday from 9 a.m. until 4 p.m.)**, you may pick up personal communion kits and/or drop off your weekly contribution. You may also mail contributions/donations to **247 Pulaski Street, Lawrenceburg, TN 38464**.

### January 12 and January 16, 2022

Mid-Week Bible Study.....	119
Sunday Morning Bible Study.....	no service/weather
Sunday Morning Worship.....	62
Sunday Evening Worship.....	no service/weather
Contribution (2022 Budget \$11,036.00).....	\$7,936.00
Average (last available).....	\$11,097.00

Pulaski Street Church of Christ  
247 Pulaski Street  
Lawrenceburg, TN 38464

RETURN SERVICE REQUESTED

NONPROFIT ORG.  
U. S. POSTAGE PAID  
LAWRENCEBURG, TN  
PERMIT NO. 112

### SCHEDULE of SERVICES

Please see schedule in previous column.



### SEARCHING THE SCRIPTURES

◆ On WDXE AM 1370/FM 102.5 ◆ 12:45 p.m. ◆ Monday – Friday ◆  
The upcoming week of January 24 – January 28 will be hosted  
by the **GANDY** Church of Christ.

### PANTRY LIST

**instant potatoes**/8 oz. pkg.      **rice**/1 lb. bag  
**crackers**/1 lb. box      **macaroni & cheese**/7.25 oz. box  
**quick oats**/18 or 42 oz.      **OR** boxes of individual packets  
**dried beans**/1 lb. bag      **ramen noodles**/3 oz. pkg.  
cans of: **tuna**/6 oz.      **Vienna sausage**/5 oz.      **salmon**/ 15 oz.  
**SpaghettiOs, ravioli, etc.**/15 oz. can  
**fruit or vegetable juice**/46 oz. can or bottle  
**peanut butter**/18 oz. jar      **soup**/10.5 oz. can  
**canned vegetables**/14.5 oz. can...  
(corn, green beans, peas, baked beans, pork & beans, etc.)  
**canned fruit**/15 ¼ oz. (peach, pear, etc.)  
**canned meat**/12-24 oz. (Spam, Treet, Chicken, etc.)  
**jelly, jam, or preserves**/18-32 oz. jar

*Monetary contributions are always welcome!*  
*Make check payable to Pulaski Street Church of Christ,*  
*and please indicate "PANTRY" on the memo line.*  
Thank you!

# PULASKI STREET BULLETIN

## PULASKI STREET CHURCH OF CHRIST

247 Pulaski Street, Lawrenceburg, TN 38464

931-762-5161

fax 931-762-5269

pulstch@pulaskistreet.com

www.pulaskistreet.org

VOLUME 33, NUMBER 3

January 20, 2022

## Our Mental Diet

This past Sunday, January 16, the sermon was entitled "Reboot: Changing Our Thinking for the Better," and we evaluated our thinking using computer analogies. In this article, we are going to revisit some of the points I made in that sermon, but we are going to use a different analogy.

What if over the last week you and I had exhaustively logged everything that we allowed our minds to ponder and contemplate? And what if we were able to produce a picture of our minds that depicts our mental diets, using fruits and vegetables to represent the "good" stuff and chili cheese fries, donuts, and candy to represent the "bad" stuff? What would your picture look like? With some embarrassment, I must admit that in my picture you would be able to see some chili cheese fries, a donut or two, and some milk duds scattered among some fruit and vegetables. What about you? I find that dwelling exclusively on the things mentioned in Philippians 4:8, for instance, is challenging, but we need to commit ourselves to a process of rooting out all the mental junk food and replacing it with those things that would be pleasing in God's eyes.

Romans 12:2 tells us not to be conformed to this world but to be transformed by the renewing of our minds. According to this verse, the means of transformation is a renewed mind (cf. Eph. 4:17-24; Col. 3:9-10), and we can only experience a renewed mind by actively monitoring our thinking and consistently meditating on Scripture.

Consider how deliberate we can be when it comes to our physical nutrition. Many people today are extremely fastidious about counting calories and nutritional milligrams. Some even become downright obsessed with their intake. However, it's amazing to me that many folks in our culture can be so smart and deliberate about physical nutrition but so mindless about the spiritual, intellectual, and emotional content of the ideas they consume. Even those of us who are Christians are often too casual and indifferent about what goes into our minds and hearts. Imagine if we took half the care to guard our minds and hearts that we do to guard our bodies! To what extent would that transform us?

**Jacob Evans**

**ELDERS:** Tim Hammond, 931-852-4832      Biff Helton, 931-242-8785      Bob Markus, 931-242-3816      Eric Nutt, 931-242-3566

Please speak with the elder chairman regarding anything you'd like the elders to discuss or to arrange a time to meet with them.  
The elder chairman for *January, February, and March* is **Eric Nutt**.

**DEACONS:** Shayne Adams      Joe Cook      Jim Donnelly      Mark Evans      Scott Harris      Billy Helton III  
Reggie Holt      Shane Hughes      Andy Lee      Mark Miller      Brad Nielsen      Caleb Shadrick

**MINISTERS:** Jacob Evans, 731-343-5325      Jeremy Gargis, 931-231-9557      Rodolfo Espinoza, 615-516-0650 (**Hispanic Ministry**)      **AGAPE COUNSELOR**, 931-762-8502

**prayers are requested**

Addresses are included (when possible) in case you'd like to send cards.

- CATHY ATWELL** was expecting to receive biopsy results on Wednesday, January 19. 250 Wesley Chapel Rd., L'burg, TN 38464.
- JACK and JUDY BUTLER** are both doing better after Judy had Covid-19, and Jack had symptoms of a head cold. 1000 Pine Circle, Lawrenceburg, TN 38464.
- DUANE DAVIS** has Covid-19. c/o Countryside, P.O. Box 986, Lawrenceburg, TN 38464.
- JIM and KALEY DONNELLY** have Covid-19. 29 S Park Grove Rd., Lawrenceburg, TN 38464.
- KATIE and AMELIA GARGIS** are both doing better after having Covid-19. 412 Paradise St., Lawrenceburg, TN 38464.
- JO JO GIESKE** has Covid-19 and was not feeling very well as of Tuesday, January 18. 5434 Gimlet Rd., Lawrenceburg, TN 38464.
- TIM HAMMOND** has Covid-19 and is improving each day. 197 Old Jackson Hwy., Loretto, TN 38469.
- DUSTIN and AMANDA MAGGARD** have Covid-19. They are doing fairly well. 483 Annie Rooney Rd., Lawrenceburg, TN 38464.
- LARRY and BONNIE POPE** are continuing to battle fatigue and other symptoms of Covid-19. 4479 Gimlet Rd., Lawrenceburg, TN 38464.
- TERRI SNIDER ROSE and LINDA SNIDER** have Covid-19, and **BUDDY ROSE** has symptoms. **TERRI** is battling lung issues and fatigue. **LINDA** is staying with Terri and family right now. She has coughing, weakness, and low blood pressure. 180 Curry Rd., Pulaski, TN 38478.
- DIANE SPRINGER** is home and recovering after having hip replacement surgery last week. She began outpatient physical therapy on Friday, January 14. 314 Prosser Rd., L'burg, TN 38464.
- CHRIS, STEPHANIE, and KATHRYN TAYLOR** are continuing to battle fatigue and other symptoms of Covid-19. 1880 Fall River Rd., Lawrenceburg, TN 38464.
- HAZEL VIOLET** was still awaiting transfer back to Vanderbilt Stallworth as of Tuesday, January 18. She is recovering after recent oral cancer surgery. The address will be c/o Vanderbilt Stallworth Rehab Hospital, 2201 Children's Way, Nashville, TN 37212.
- RUBY WELCH** fell this past week at home. She is bruised and very sore, but thankfully she did not suffer any broken bones. Ruby's husband, **J.W. WELCH**, is at home on hospice care. 411 Morris St., Lawrenceburg, TN 38464.
- CATHY BERRY**, mother of **Mary Beth Snider**, is still coping with lingering effects from her recent case of Covid-19. (**Brandon and Mary Beth** have recovered from Covid-19 and are doing fine now.) Cathy is recovering at the Sniders' house: 29 Kylewood Rd., Lawrenceburg, TN 38464.
- MARTHA DAVIS**, mother of **Bennie McFall** who attended here in the past, is hospitalized at Maury Regional with complications of Covid-19. She is battling pneumonia in both lungs.
- JIMMY DRYDEN**, who attends Leoma Church of Christ, was injured while cutting down a tree for firewood last week. He was airlifted to Skyline Medical Center in Nashville and had surgery on Thursday, January 13, to repair a broken hip and a broken leg. 79 Old Jackson Hwy., Leoma, TN 38468.
- KENNETH GUTHRIE**, son of **Robbie Guthrie**, had gallbladder surgery last week at TriStar Stonecrest Medical Center in Smyrna. The surgery went well. He was released from the hospital on Tuesday, January 18, and will be recovering at the home of his sister for a few days. 993 Tom Hailey Blvd., LaVergne, TN 37086.
- CIERRA HAFFNER**, granddaughter of **Ken and Debbie Kidd**, is in serious condition at Vanderbilt UMC with blood clots in her leg and lung. 103 Lebanon Hwy., Carthage, TN 37030.
- BARBARA WEAVER**, a friend to many here, returned home Saturday, January 15, from Centennial Hospital after being seriously ill with pneumonia. 11 Lanning Rd., Lawrenceburg, TN 38464.

**youth news**

**January 29<sup>th</sup> - Lions Devo!** More details to follow.  
**January 30<sup>th</sup> - Lambs Devo!** More details to follow.  
**February 20<sup>th</sup> - Maury County Area-wide!** We will leave from the south parking lot at 4:25 p.m. to go to Highland Church of Christ. Bring your Bible!  
**February 25<sup>th</sup>-27<sup>th</sup> - Challenge Youth Conference!** We will leave Friday morning at 8:30 a.m. You will need to bring money for three meals, gas station stops, and any souvenirs you may want to purchase (I recommend bringing at least \$60). Please keep our group in your prayers as we travel. Until next time..*Jeremy*

**baptized**

We rejoice to announce that **MADISON MAGGARD** was baptized into Christ on Sunday, December 19, 2021. Madison is the daughter of **Dustin and Amanda Maggard**. Cards of encouragement and congratulations may be sent to her at the Maggards' new address: 483 Annie Rooney Rd., Lawrenceburg, TN 38464.

**coming soon**

**JANUARY**

**Sunday, January 23:** Soup & Chili Lunch in the FB after morning worship, followed by a 1 p.m. song service.  
**Tuesday, January 25:** Dorcas Sewing. 10-3 in the FB.  
**Sunday, January 30:** No p.m. service on this date.

**area opportunity**

**Saturday, January 29:** 13<sup>th</sup> Annual Men's Day. Leoma Church of Christ. Speaker Kirk Brothers. The theme is "Joshua." Beginning at 9 a.m. Lunch will be served at noon.

**thank you**



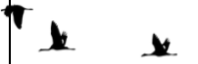






The family of Raughley Goolsby acknowledges with grateful appreciation your kind expression of sympathy. Thank you so much for your donation given to the ALS association.  
*JoAnn Ellison & family*

Dear family at Pulaski Street,  
 The family of Susie Davis acknowledges with grateful appreciation your kind expression of sympathy. There are no words that can express our thankfulness for all you have done for our mom. She was able to stay in her home and be active because of the love and care you showed her. Thank you also for the beautiful spray of flowers you sent.  
 Cordially, *Jim & Mary Davis* for the Susie Davis family

Thanks so much to the Elders, Brittany, Katie, and so many more that made the [ladies retreat] trip wonderful. It gave me a new outlook on life.  
 In Christian love, *Elaine Foutch*

**library news**

**Joan Childress** and **Judy Heffington** have been working for quite some time on updating our church library and related systems. Soon, the upgraded Pulaski Street Library collection will be available for adult and Lion use. Parents must check out books for Lambs.  
 If you desire to check out library materials, please fill out a library patron application (the information will be used in the automated circulation system). Place the completed form in the designated box located on the middle table in the main foyer. The forms will be available through Sunday, January 23.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> Connie Powell Carter Shadrick	<b>2</b> <b>Good Works Wednesday</b> 	<b>3</b> Judy Butler Rosemary Cothren Jaxson Haislip Katelyn Romsdal	<b>4</b> 	<b>5</b> 
<b>6</b> <b>F.E.A.S.T., 5:30pm, FB</b>	<b>7</b> Sandi Cook Eli Evans Heather Michaud	<b>8</b> Beth Keaton  <b>Dorcas Sewing, 10-3-FB</b>	<b>9</b> Tony Allen Carolyn Kilburn Debbie McClaren	<b>10</b> Martha Holt Reba Porter	<b>11</b> 	<b>12</b> Jack Bowling Henry Bowling Noah Gallian Linda Smith
Freed-Hardeman University Lectureship 2022 <i>He Went About Doing Good: The Compassion of Christ in Luke</i>						
<b>13</b> Jayse Hughes Mike Pope Mike Purcell <b>F.E.A.S.T., 5:30pm, FB</b> 	<b>14</b> Robert Morris Wells Romsdal <b>Valentine's Day</b> 	<b>15</b> Joe Cook Katie Gargis Pam White	<b>16</b> Betty Chapman  <b>CYC Letters MUST be turned in today.</b>	<b>17</b> Jami Haislip Dixon Linda Rose	<b>18</b> Bettye Holt  	<b>19</b> Judah Holcomb
<b>20</b> Doug Burns Chapman Evans <b>F.E.A.S.T., 5:30pm, FB</b> <b>Maury Co. Area-wide @Highland COC</b>	<b>21</b> River Robertson <b>PRESIDENTS' DAY</b>	<b>22</b> <b>Dorcas Sewing, 10-3-FB</b>	<b>23</b> Patrick Hughes  	<b>24</b>	<b>25</b> Ethan Cooper Reggie Holt	<b>26</b>
<b>- CYC -</b>						
<b>27</b> <b>4<sup>th</sup> Sunday, 1pm song service</b>  <b>- CYC -</b>	<b>28</b> Rachel Hughes Ricky Smith	Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things. <p style="text-align: right;"><i>Philippians 4:8, KJV</i></p>				