

UPCOMING WORSHIP INFO

We will be meeting **in person** for **Sunday morning worship** at 10:30 a.m. on **March 7** with guidelines and parameters in place in order to keep us all as safe and healthy as possible.

The elders, deacons, and their wives who are attending will be wearing masks. The elders encourage you to wear a mask when you attend the Sunday morning worship service in person.

If you are sick in any way or running a fever, we obviously expect you to continue to worship with us online or on the radio. If you are especially vulnerable to the more drastic effects of Covid-19 and/or these safety measures will be difficult or impossible for you to follow, then we understand if you choose to stay home and worship with us online or on the radio.

CONSOLE and PROJECTOR OPERATORS

Sunday, March 7: **Ethan Hammond** and **Shayne Adams**

Sunday, March 14: **Ethan Hammond** and **Shayne Adams**

Sunday, March 21: **Russ Gallian** and **Joe Cook**

Sunday, March 28: **Russ Gallian** and **Joe Cook**

We are meeting **in person** for **Wednesday evening Bible classes** at 7 p.m. Jacob is teaching the adult class in the auditorium. Everyone (adults and children), please remember to assemble in the auditorium FIRST to hear announcements and further information.

PLEASE CONTINUE TO:

- Enter through the open doors in the foyer.
- On Sunday mornings, pick up PCK(s) and mask(s) (optional, but strongly encouraged) as you enter.
- Find a seat for your family (every other pew is taped off).
- Maintain social distancing (e.g., no handshaking or hugging; no sitting next to another family on the same pew).
- Minimize use of nursery and restrooms.
- Refrain from using the water fountains (bottled water available).
- On Sunday mornings, deposit your contribution in a basket, and throw away your PCK(s) as you leave through the foyer.

REMOTE ACCESS

SUNDAY MORNING WORSHIP SERVICE

Via Internet: Go to (1) **Pulaski Street's Facebook Page** or (2) **Pulaski Street Church of Christ's YouTube Channel** at **10:30 a.m.**

Via Radio: The Sunday morning services will **air at about 6 p.m.** (6 p.m. is not an exact time; the broadcast should begin sometime between 6 p.m. and 6:30 p.m.) on Sunday evenings at 106.1 FM (Lawrenceburg), 93.1 FM (Loretto), or 590 AM (Lawrence County) and via X Radio App on both Apple and Android.

Sunday Evening Bible Class Livestream: Go to **Pulaski Street's Facebook page** or **Pulaski Street Church of Christ's YouTube Channel** at **6 p.m.**

Wednesday Evening Adult Bible Class Livestream: Go to **Pulaski Street's Facebook page** or **Pulaski Street Church of Christ's YouTube Channel** at **7 p.m.**

During **church office hours (Monday through Friday from 9 a.m. until 4 p.m.)**, you may pick up personal communion kits and/or drop off your weekly contribution. You may also mail contributions/donations to **247 Pulaski Street, Lawrenceburg, TN 38464.**

February 24 and February 28, 2021

Mid-Week Bible Study.....	99
Sunday Morning Bible Study.....	—
Sunday Morning Worship.....	155
Sunday Evening Worship.....	—
Contribution (2021 Budget \$10,975.00).....	\$14,081.00
Average (last available).....	\$12,036.04

Pulaski Street Church of Christ
247 Pulaski Street
Lawrenceburg, TN 38464

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RETURN SERVICE REQUESTED

SCHEDULE of SERVICES

Please see schedule in previous column.



SEARCHING THE SCRIPTURES

- ◆ On WDXE AM 1370/FM 102.5 ◆ 12:45 p.m. ◆ Monday – Friday ◆
The upcoming week of March 8 – March 12 will be hosted by the **MIDWAY** Church of Christ.

PANTRY LIST

instant potatoes/8 oz. pkg. rice/1 lb. bag
crackers/1 lb. box macaroni & cheese/7.25 oz. box
quick oats/18 or 42 oz. OR boxes of individual packets
dried beans/1 lb. bag ramen noodles/3 oz. pkg.
cans of: tuna/6 oz. Vienna sausage/5 oz. salmon/ 15 oz.
SpaghettiOs, ravioli, etc./15 oz. can
fruit or vegetable juice/46 oz. can or bottle
peanut butter/18 oz. jar soup/10.5 oz. can
canned vegetables/14.5 oz. can...
(corn, green beans, peas, baked beans, pork & beans, etc.)
canned fruit/15 ¼ oz. (peach, pear, etc.)
canned meat/12-24 oz. (Spam, Treet, Chicken, etc.)
jelly, jam, or preserves/18-32 oz. jar

Monetary contributions are always welcome!
Make check payable to **Pulaski Street Church of Christ,**
and please indicate "PANTRY" on the memo line.
Thank you!

PULASKI STREET BULLETIN

PULASKI STREET CHURCH OF CHRIST

247 Pulaski Street, Lawrenceburg, TN 38464

931-762-5161

fax 931-762-5269

pulstch@pulaskistreet.com

www.pulaskistreet.org

VOLUME 32, NUMBER 9

March 4, 2021

Guilt

Part Two

Objective guilt, which we discussed in last week's article, refers to committing verifiable deeds of wrongdoing or sin (see John 18:38; 19:4, 6). Subjective guilt, however, refers to that inward pain or regret we feel in response to doing something wrong or sinful. In 2 Corinthians 7:8-10, Paul writes, "For even if I made you grieve with my letter, I do not regret it—though I did regret it, for I see that that letter grieved you, though only for a while. As it is, I rejoice, not because you were grieved, but because you were grieved into repenting. For you felt a godly grief, so that you suffered no loss through us. For godly grief produces a repentance that leads to salvation without regret, whereas worldly grief produces death." The word "grief" in this passage refers to subjective guilt.

There are two main types of subjective guilt. First, there is what we might call *appropriate guilt*. The capacity to feel guilt is a blessing. In the above passage above, Paul relates that he rejoiced at the kind of grief or remorse that his letter had produced in the Corinthians. Guilt can be a good thing—a very good thing. Consider what this world would be like if people never felt remorse for the things they did. If people never felt remorse, then they would have no internal motivation to change or to make things right when they wrong God or others. The prisons in our country are filled with many people who did not develop the capacity for guilt; consequently, they continued to violate the rights of others to the point that they were separated from society. We can be thankful that most of us do have an adequate capacity to feel remorse or guilt for things we should have done and things we shouldn't have done. In short, appropriate guilt (or good guilt) is a proper, subjective response to an objective act of wrongdoing that will hopefully lead to a corrective action being taken. Such is seen in the case of David (2 Sam. 12:13; Ps. 51). God intends good guilt for good. He intends for that guilt to draw us back into a relationship with Him.

Second, there is what we might call *inappropriate guilt*, and there are at least two types of inappropriate guilt. One type of inappropriate guilt is feeling a sense of guilt in response to an imagined act of wrongdoing. It is possible to feel guilt over doing something or not doing something that wasn't wrong at all. Perhaps you failed to do something, not because of laziness, but because you are a human being and there is only one of you. Perhaps you feel guilty for something that is not your fault. Maybe your kids chose to forsake the Lord, not because of anything you did or didn't do, yet you continue beat yourself up over their apostasy. Perhaps you feel guilty over some trifling thing. Maybe you're a straight-A student who feels guilt over making a "B" on a test or term paper. Maybe you're a perfectionist housewife who feels guilt over a speck of dust. Maybe you're an overachieving employee who feels guilt over a minor lapse. There are also cases of inappropriate guilt among survivors of tragic or catastrophic events. These folks feel guilt because they lived through the event, while others did not. Such is a maladaptive response that can be quite destructive emotionally and difficult to overcome.

Another type of inappropriate guilt is what I like to refer to as "good guilt gone awry." In other words, what started out as an appropriate, subjective response to an objective act of wrongdoing eventually morphs into something inappropriate. In most instances, this occurs when people refuse to "forgive themselves" for one reason or another, even if God has presumably forgiven them. One too many Christians fall into this trap. C. S. Lewis rightly noted, "If God forgives us, we must forgive ourselves. Otherwise, it is almost like setting up ourselves as a higher tribunal than him." Why is it that so many of us hold on to our sins and continue to wallow in guilt because of them? Maybe some of us think that God wants us to continue to feel such guilt as a means of showing Him that we are truly sorry. But I cannot find any evidence in the Bible that such is the case when the sins that we have committed are sins for which God has forgiven us. Maybe some of us think that the skeletons we have in our closets are so heinous that we deserve to keep them in our closets forever. But what crimes have you committed that demand such a penance? If God could forgive those Jews who had a hand in nailing His Son to the cross, then He can forgive us for whatever sins we've committed. Maybe some of us think that because of what we've done, we don't deserve any self-kindness, self-compassion, or self-forgiveness? But, again, if God has shown us kindness and compassion and given us forgiveness, then we must show ourselves and give ourselves the same.

Jacob Evans

ELDERS: Tim Hammond, 931-852-4832 Biff Helton, 931-242-8785 Bob Markus, 931-242-3816 Eric Nutt, 931-242-3566

Please speak with the elder chairman regarding anything you'd like the elders to discuss or to arrange a time to meet with them.
The elder chairman for *January, February, and March* is **Eric Nutt**.

DEACONS: Shayne Adams Joe Cook Jacob Cothren Jim Donnelly Mark Evans Scott Harris
Billy Helton III Reggie Holt Shane Hughes Andy Lee Mark Miller Brad Nielsen Caleb Shadrick

MINISTERS: Jacob Evans, 731-343-5325 Jeremy Gargis, 931-231-9557 Rodolfo Espinoza, 615-516-0650 (Hispanic Ministry) **AGAPE COUNSELOR**, 931-762-8502

COMING SOON

Wednesday, March 10: Ladies Bible Class will resume! On this date, the class will meet at 10 a.m. in the auditorium with masks and social distancing.

Tuesday, March 16: Dorcas Sewing. 10 a.m. until 3 p.m. in the fellowship building.

Tuesday, March 30: Dorcas Sewing. 10 a.m. until 3 p.m. in the fellowship building.

Saturday, April 24: "God and Science" Seminar for Hispanic families. Ingram Sowell Elementary School. See details below.

AREA OPPORTUNITY

March 14 – 17: Spring Gospel Meeting. East Hill Church of Christ, Pulaski, TN. M-W at 7 p.m. The speaker will be Jimmy Clark.

April 17: Young Men's Seminar. East Main Church of Christ, Murfreesboro, TN. 8:45 a.m. until noon. The speaker will be Josh Pierce. Lunch will be served.

"GOD and SCIENCE" SEMINAR for Hispanic families

On Saturday, April 24, **Dr. Mike Houts**, the Nuclear Research Manager at NASA's Marshall Space Flight Center, will be conducting a seminar entitled "**God and Science**" at Ingram Sowell Elementary School for Hispanic families. There will be a total of four lessons: two sessions before lunch (10:00; 11:00) and two sessions after lunch (1:00; 2:00). Lunch will be provided at noon. Rodolfo has obviously been instrumental in planning and organizing this event.

HELP IS NEEDED:

In order to allow parents to listen to these lessons without distraction, their children will need to be supervised in the gym. If you would like to hang with these kids either before lunch or after lunch, **sign-up sheets are now available** on both sides of the foyer. For those who plan to get involved, a discussion about Covid-19 protocols and other matters will take place prior to the event.

¡Bienvenidos, amigos!

THANK YOU

Dear Pulaski Street family,

Thank you, everyone, for the prayers, sympathy cards, and the meals that have been provided to me. I greatly appreciate the love and concern you have shown me during this difficult time.

In Christian love, **Duane Davis**

THOSE WHO LIVE IN FACILITIES

(This information was checked on *Tuesday, March 2, 2021.*)

Since many facilities cannot allow visitors due to Covid-19, this is a great time to mail cards and/or make phone calls.

BRIGHTON GARDENS, 103 Arcaro Place, Brentwood, TN 37027
615-376-5299

Susie Davis, Suite 262 (Pulaski Street member)

KEESTONE, 322 Kennedy St., Lawrenceburg, TN 38464
931-766-4097

FYI: Keestone is now allowing visitors by appointment only. If you'd like to visit someone at Keestone, please call **Melanie Stone at 766-4097 to make an appointment.**

Bettye Holt, 306 (Pulaski Street member) Now on hospice.

KEESTONE (cottage), 318 Kennedy St., Lawrenceburg, TN 38464

Dorothy Underwood, cottage (mother of Pam Snider)

NHC LAWRENCEBURG, 374 Brink St., Lawrenceburg, TN 38464
931-762-6548

Kym Bilbrey Brown, 321B (Pulaski Street member)
Cleo Keaton, 220B (Pulaski Street member)

STONES RIVER MANOR, 205 Haynes Drive, Murfreesboro, TN 37129
615-893-5617

Mae Roberson (Pulaski Street member)

THE SUMMIT, 186 Prosser Rd., Lawrenceburg, TN 38464
931-762-3524

Louise Bates, C-11 (Pulaski Street member)

Leonard Kirk, C-5 (Pulaski Street member)

IN OWN HOMES

Gennie Adams, P.O. Box 363, Hazel Green, AL 35750. (Gennie has moved to be closer to her daughter in Alabama.)

Virginia Cole, 931-565-3331, 1557 Shores Rd., Goodspring, TN 38460.

Robbie Guthrie, 931-201-8058, 1804 Jean St., L'burg, TN 38464.

...even to your old age I am he, and to gray hairs I will carry you. I have made, and I will bear; I will carry and will save.

Isaiah 46:4

YOUTH NEWS

"A shot in the arm." That saying, according to my research, was first used in print in 1916 in a Maine newspaper known as the *Lewistown Evening Journal*. The saying refers to some situation that is generally encouraging or some sort of stimulant that increases energy, focus, or mood.

I would imagine that the vast majority of us have at some point received a literal shot in the arm. Most of us have probably had a flu vaccine at some point. That shot in the arm is given to help lower your chances of getting the flu. Also, you will feel that shot in the arm for a day or so! Some of you have probably already received the COVID-19 vaccine, another literal shot in the arm. I have already had the first dose of the vaccine, and my arm was sore for a few days after getting it.

I have had sinus infections before that couldn't be kicked by anything other than a shot. While those shots typically go into the hip, they certainly have given me a figurative "shot in the arm" in the past because of the steroid injection that is administered in addition to the antibiotic. I don't know of anyone who genuinely enjoys getting shots, and some people have a near-death experience anytime they must get one. Sometimes, though, you just have to get a shot.

I received a figurative "shot in the arm" this past weekend! Twenty-three of us were able to travel to Sevierville, TN, and (virtually) attend Challenge Youth Conference in the house that we had already reserved in February 2020. It was an opportunity we haven't been able to have in close to a year! It was a blessing.

With the elders' guidance, we decided to go ahead and go to East Tennessee, even though we wouldn't attend the conference in person. We took as many precautions as we could to be safe. We had contact tracing cut off dates in place. We travelled as families rather than in the church van. We didn't go out on the town while we were there. There were so many things that we "didn't do," but what mattered was what we DID do. We spent time together.

If you were to ask any of those who were on the trip what their favorite thing about it was, I'm confident that almost all of them would tell you that it was simply the opportunity to be together, similar to trips in the past. After most of the adults had gone to bed, I sat for a long time on Saturday night and just watched our teens playing games together, being loud, and soaking up the opportunity to be together. It was so good for me. The weekend, though physically tiring, was a "shot in the arm" for sure. I am very thankful for the things that our leadership has put in place to keep our congregation safe. Even more, I'm thankful we were able to go on this trip.

Until next time,

Jeremy

PRAYERS ARE REQUESTED

Addresses are included in case you'd like to send cards.

TONY ALLEN had an appointment on Monday, March 1, for a biopsy; this is related to his recent heart transplant surgery. Thankfully, everything is still looking good. *77 Crawfish Road, Lawrenceburg, TN 38464.*

JACK BUTLER is home and recovering well after having a heart attack and stent surgery last week. The surgery went well; two stents were used to relieve blockages. *1000 Pine Circle, Lawrenceburg, TN 38464.*

ROBBIE GUTHRIE has decided to start with medication for what the doctor thinks is probably a lung infection before undergoing a needle biopsy of her lung. She is continuing to have trouble with swallowing and with severe swelling in her feet and legs. *1804 Jean Street, Lawrenceburg, TN 38464.*

LEONARD KIRK was expecting to be released from Maury Regional Hospital on Tuesday, March 2, to return to The Summit after treatment for a severe UTI. *c/o The Summit, 186 Prosser Rd., Lawrenceburg, TN 38464.*

REESE BAKER is the newborn baby daughter of **Joel and Laci Baker** who are good friends of **Andy and Katie Lee**. Reese was scheduled to undergo open heart surgery at Vanderbilt Children's Hospital on Wednesday, March 3, to correct some heart defects. The doctors are optimistic about her prognosis. *Joel and Lacie Baker, 422 Miles Johnson Pkwy., Spring Hill, TN 37174.*

SALLY HESTLE (former member here with her husband, **Tom**) is having a variety of health problems. She has begun a new medication, and she asked for prayers that she will respond positively to it. Her doctor says this is a critical situation. *4805 Red Oak Drive, Milton, FL 32583.*

DAVID MASSEY, brother of **Sammie Hughes** and **Tammie Thomas**, is having a number of health issues. He is unable to walk and is in a lot of pain. He will be entering NHC Scott as soon as a room becomes available.

KEITH MATTOX (whose wife **Gale** is a former coworker of **Biff Helton** and **Billy Helton**) was still in Maury Regional Hospital with complications of Covid-19 as of Tuesday, March 2. His condition was about the same. *546 Kent Street, Lawrenceburg, TN 38464.*

TIMOTHY RAY, fiancé of **Shannon Fulghum** who is the step-cousin of **Jacob Evans**, is home with oxygen and progressing slowly after being hospitalized with Covid-19. *1806 Lillian Dr., Athens, AL 35611.*

MAE ROBERSON is a longtime member here who now lives in Murfreesboro closer to her family. She misses everyone here. It has been suggested that Mae would appreciate cards and prayers. Please send mail to her at: *Stones River Manor, 205 Haynes Drive, Murfreesboro, TN 37129.*

NORMAN THOMPSON, husband of **Susan Threet Thompson** (who is a friend of **Vangie Gieske**), has been battling cancer for several years. Through recent scans and tests, it has been determined that his cancer has spread. He is dealing with quite a bit of pain and not doing well. Prayers are requested for **Norman, Susan**, and their daughter, **Lilli**. *57 Hagan Rd., Ethridge, TN 38456.*