

THOSE TO SERVE

SUNDAY MORNING GREETERS – November 8, 2015

Front Door – Andy and Katie Lee
 West Door – Shayne and Sandy Adams
 East Door – Randy and Martha Britton

AUDITORIUM CLASS PRAYER.....Joe Cook

MORNING WORSHIP – November 8

OPENING PRAYER.....Jim Donnelly

PRESIDE AT TABLE.....Jeremy Gargis and Sam Boyd

SERVE AT TABLE

Mason Rochelle.....Hunter Serrett
 Austin Serrett.....Jerren Gieske
 Cayden Hughes.....Will Baxter

USHERS

Kaleb Jeans, Gage Thigpen,
 Maliq McDowell, Taylor Markus, Peyton Sockwell

CLOSING PRAYER.....Lance Pope

If you cannot serve on Sunday morning, please call Reggie Holt at 629-8920 or Ricky Smith at 244-5982.

SUNDAY EVENING SERVICE – November 8

Ushers.....Jim Donnelly and Kenneth Kidd

Front Door Greeters.....Jack and Judy Butler

Scripture Reading, Mark 8:1-10.....Brent Thomas

Lead Prayer.....Austin Serrett

Closing Prayer.....Reggie Holt

Communion & Contribution.....Billy Helton

If you cannot serve on Sunday evening, please call Eric Nutt at 242-3566 or Jeremy Gargis at 231-9557.

The elders ask that our Bible readings come from the King James or the New King James versions.

WEDNESDAY EVENING – November 11

Scripture Reading, Isaiah 29:9-16.....Danny Tice

Lead Prayer.....Chuck Richardson

Closing Prayer.....Brad Nielsen

If you cannot serve on Wednesday, please call Reggie Holt at 629-8920.

VAN DRIVERS FOR November 8 and 11

Call the driver listed below if you won't be riding the van.

SUNDAY MORNING Scott Harris: 629-5994.

SUNDAY EVENING Jackie Keaton: 242-4376.

WEDNESDAY EVENING Tim Hammond: 852-4832.

If you cannot drive the van, please contact Scott Harris at 629-5994.

PROJECTOR OPERATORS FOR November 8 and 11

Sunday Morning.....Darrin McKamey

Sunday Evening Service.....Tim Hammond

Wednesday Evening.....Jacob Cothren

SERVING THROUGHOUT NOVEMBER

Nursery Attendant.....Mary Alice Tidwell
 Baptismal Clothes.....Kristi Miller and Allison McKamey

Auditorium Class Song Leader.....Reggie Holt

Sunday Morning Song Leader.....Eric Nutt

Sunday Evening Song Leader.....Jeremy Gargis

Wednesday Evening Song Leader.....Joe Cook

Prepare Communion.....Mae Roberson

Pick up Cups.....Eric and Melanie Nutt

October 21 and October 25

Mid-Week Bible Study.....216
 Sunday Morning Bible Study.....253
 Sunday Morning Worship.....352
 Sunday Evening Worship.....145
 Contribution (Budget \$9,069).....\$10,429.66
 (Average through October).....\$9,703.44

Pulaski Street Church of Christ
 247 Pulaski Street
 Lawrenceburg, TN 38464

RETURN SERVICE REQUESTED

NONPROFIT ORG.
 U. S. POSTAGE PAID
 LAWRENCEBURG, TN
 PERMIT NO. 112

SCHEDULE of SERVICES

Sunday Bible Classes.....9:30 a.m.
 Sunday Morning Worship.....10:25 a.m.
 Sunday Evening Worship.....6:00 p.m.*
 Wednesday night.....7:00 p.m.
 (*Each 4th and 5th Sunday evening service is at 1 p.m.)

SEARCHING THE SCRIPTURES

◆ On WDXE AM 1370 ◆ 12:45 p.m. ◆ Monday through Friday ◆
 The upcoming week of November 2 – November 6 will be hosted
 by the **PULASKI STREET** Church of Christ.

PANTRY LIST

instant potatoes/8 oz. pkg.
rice/1 lb. bag **crackers**/1 lb. box
macaroni & cheese/7.25 oz. box
quick oats/18 or 42 oz. **OR** boxes of individual packets
dried beans/1 lb. bag **ramen noodles**/3 oz. pkg.
 cans of: **tuna**/6 oz. **Vienna sausage**/5 oz. **salmon**/15 oz.
SpaghettiOs, ravioli, etc./15 oz. can
fruit or vegetable juice/46 oz. can or bottle
peanut butter/18 oz. jar **soup**/10.5 oz. can
canned vegetables/14.5 oz. can...
 (corn, green beans, peas, baked beans, pork & beans, etc.)
canned fruit/15 ¼ oz. (peach, pear, etc.)
canned meat/12-24 oz. (Spam, Treet, Chicken, etc.)
jelly, jam, or preserves/18-32 oz. jar

*Monetary contributions are always welcome!
 Make check payable to Pulaski Street Church of Christ,
 and please indicate "PANTRY" on the memo line.*

Thank you!

PULASKI STREET BULLETIN

PULASKI STREET CHURCH OF CHRIST

247 Pulaski Street, Lawrenceburg, TN 38464

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VOLUME 26, NUMBER 43

October 29, 2015

How's Your Spiritual Health?

My guess is that you probably recognize at least five or more of the following: P90X, Weight Watchers, Insanity, Nutrisystem, T25, Jenny Craig, Zumba, Atkins Diet, CrossFit, South Beach Diet, Jazzercise, Paleo Diet, Yoga, Mediterranean Diet, Tae Bo, Biggest Loser Diet, and Sweatin' to the Oldies. Whether it's building muscle mass or shedding pounds, these programs exist to improve a person's physical health. Of course, they have also made their inventors and promoters quite wealthy. It's been estimated that Americans spend somewhere between forty and fifty billion dollars a year on fitness products. Our society undoubtedly places a high premium on exercising daily, eating well, looking good, and prolonging one's life.

Obviously, there is nothing inherently wrong with being a health-conscious human being who desires to look good and live a long life. In fact, a biblical case could be made that we should be good stewards of our bodies, not just our money and time (cf. 1 Cor. 6:19-20). But should this be a person's highest priority? Unfortunately, some people, operating under the assumption that this life is all there is, have gone so far as to make their physical health an exclusive priority and have given little thought or time to their spiritual health. In 1 Timothy 4:7b-8, the apostle Paul provides the proper perspective: "Train yourself for godliness; for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come." Paul does not dismiss or discount improving one's physical health and even admits that it has value; nevertheless, he indicates that a healthy spirit is more valuable than a healthy body, since the former, not the latter, has ties to the life hereafter.

In 3 John, the shortest book of the New Testament, the apostle John addresses a man by the name of Gaius. John opens his personal letter with this prayer for Gaius: "May you be as healthy physically and financially as you are spiritually" (vs. 2, paraphrase mine). How many of us would be comfortable with such a prayer on our behalf? What would you look like if your physical health was a reflection of your spiritual health? Would your physical health change for the better or worse? Would you be a ripped physical specimen of a human being fit for the Olympics, or would you be a gaunt, lifeless shell of a human being fit for the grave? What would your finances look like if they were a reflection of your spiritual health? Would you be a prince or a pauper? John's prayer for Gaius is complimentary of Gaius. Gaius was evidently a spiritually healthy man; otherwise, John would have never uttered such a prayer. What about you? Are you spiritually healthy?

Jacob Evans

ELDERS: Tim Hammond, 852-4832 Biff Helton, 242-8785 Bob Markus, 762-9779 Eric Nutt, 242-3566

Please speak with the elder chairman regarding anything you'd like for the elders to discuss or to arrange a time to meet with them. The elder chairman for *October of 2015* is **Eric Nutt**. The elder chairman for *November and December of 2015* will be **Tim Hammond**.

DEACONS: Shayne Adams Joe Cook Jacob Cothren Jim Donnelly Scott Harris Billy Helton III
 Reggie Holt Shane Hughes Mark Miller Brad Nielsen Olen Springer

MINISTERS: Jacob Evans, 731-343-5325

Jeremy Gargis, 231-9557

AGAPE COUNSELING OFFICE: 762-8502

NOVEMBER 2015 - AUDITORIUM GREETERS LIST

Group 1 Harley Pope -- East Wing/Facilitator
Jacy Haislip -- East Outside Aisle
Melissa Haislip -- East Center Aisle
Theresa Brown -- West Center Aisle
Robert Morris -- West Outside Aisle
Joe and Sandi Cook -- West Wing
Brittany Evans -- Visitors

**Sunday,
November 1**

Group 6 Kathy and Emma Sisk -- East Wing/Facilitator
Jackie and Beth Keaton -- East Outside Aisle
Penny Helton -- East Center Aisle
Patrick Hughes -- West Center Aisle
Brandon and Mary Beth Snider -- West Outside Aisle
Shane Hughes -- West Wing
J. Fred Johnston -- Visitors

Group 2 Hazel Violet -- East Wing/Facilitator
Billy Helton, Sr -- East Outside Aisle
Brian Robertson -- East Center Aisle
Troyce Spears -- West Center Aisle
Brent McKamey -- West Outside Aisle
Jim Donnelly -- West Wing
Sammie Hughes -- Visitors

**Sunday,
November 8**

Group 7 Jeffrey Hughes -- East Wing/Facilitator
Jack and Judy Butler -- East Outside Aisle
Kristi Miller -- East Center Aisle
Tim Miller -- West Center Aisle
Dean Hughes -- West Outside Aisle
Brad Nielsen -- West Wing
T.J. Hughes -- Visitors



Group 3 Sharon Hendrix -- East Wing/Facilitator
Abigail McKamey -- East Outside Aisle
Wayne and Linda Snider -- East Center Aisle
Zoe Morse -- West Center Aisle
Sam Boyd -- West Outside Aisle
Billy Helton III -- West Wing
Darrell and Judy Maggard -- Visitors

**Sunday,
November 15**

Group 8 Bob Markus -- East Wing/Facilitator
Allison McKamey -- East Outside Aisle
Joe Miele -- East Center Aisle
Coy Green -- West Center Aisle
JoJo and Vangie Gieske -- West Outside Aisle
Jeremy Gargis -- West Wing
Anna Fisher -- Visitors

Group 4 Tammie Thomas -- East Wing/Facilitator
Carolyn Kilburn -- East Outside Aisle
Amanda Maggard -- East Center Aisle
Judy Vandiver -- West Center Aisle
Dustin Maggard -- West Outside Aisle
Mark Miller -- West Wing
Doug Burns -- Visitors

**Sunday,
November 22**

Group 9 Camry Harris -- East Wing/Facilitator
Jerrri Harris -- East Outside Aisle
Denise Hughes -- East Center Aisle
James Weeks -- West Center Aisle
Chuck Richardson -- West Outside Aisle
Scott Harris -- West Wing
Tim Hammond -- Visitors

Group 5 Jennifer Springer -- East Wing/Facilitator
Jeff and Christy Smith -- East Outside Aisle
Heather Hammond -- East Center Aisle
Lindsay Helton -- West Center Aisle
Randy Britton -- West Outside Aisle
Shayne Adams -- West Wing
Megan Shadrick -- Visitors

**Sunday,
November 29**

Group 10 Shirley Evans -- East Wing/Facilitator
Maxine Anderson -- East Outside Aisle
Victoria Pope -- East Center Aisle
Donna Gray -- West Center Aisle
Katie Gargis -- West Outside Aisle
Biff Helton -- West Wing
Shelley Boyd -- Visitors

THANK YOU

Thank you to our Elders for their prayers for me and for each one of that has remembered me with a prayer, cards, and calls. I really appreciate your concern for my health after the accident. I'm still having pain and getting physical therapy. Please continue your prayers for me. In Christian love,

Hazel Violet

COMING SOON

October 31: Before going to bed, move your clocks back one hour!

November 1: Daylight Saving Time Ends!

Saturday, November 7
~GOLDEN AGE BANQUET~
6 p.m. in the Fellowship Building
If you are age 60 or over,
this event is in your honor,
and you will not want to miss it!

November 10: 20s & 30s Ladies' Devo, 6:30 p.m. at Kim Smith's house, 219 Admiral Circle, Lawrenceburg.

November 14: Men's Breakfast, 8:30 a.m., in the FB.

AREA OPPORTUNITIES

November 6: Singing. Antioch Church of Christ, Killen, AL. Meal at 5:30 p.m. Singing 6-8 p.m.

November 7: Ladies' Day, South Gate Church of Christ, Brunch at 9 a.m. Speaker Janie Craun.

November 7: Ladies' Day, Lomax Church of Christ. Registration at 9 a.m. Lunch served. Speaker Jessie DeBord.

November 8: Lawrence Co. Churches of Christ Singing, 2 p.m.

November 10: Agape's 49th Annual Dinner. 6:30 p.m. An evening of Stories and Songs. Franklin Marriott Cool Springs.

November 21: Ladies' Bible Study and Fellowship, Crewstown. 10-11:30 a.m.

December 4: 2015 FHU Benefit Dinner with Dr. Kent Brantly. Call (800)348-3481, ext. 607, or order online at www.fhu.edu/brantly

ITEMS NEEDED FOR KID'S PLACE – A CHILD ADVOCACY CENTER

You may **donate Christmas gift items** –Legos, toy trucks, dolls, Barbies, *play* makeup, hair accessories for girls, games, balls, generic items, or gift cards – for **Kid's Place Child Advocacy Center** anytime during October and November.

Please place items in boxes located at southeast and southwest exits. (Please do not put gift cards in the boxes; give these to **Jeff Hughes** or a member of the office staff.)

YOUTH NEWS

November 1st – Combined Devo! Stay after the Sunday p.m. service for devotional time, fellowship, food, and fun! Special thanks to Denise Hughes for organizing the food for this.

November 10th – Teens Activity! At the Donnellys' after the conclusion of "Meet the Cats" for the LCHS basketball teams.

November 11th – Songs Class! Please join us for a time of learning, worship, and edification.

November 12th – Tweens Activity! In the FB, 3:30-4:45 p.m.

November 15th – Lads to Leaders Training Session! 4 p.m.

November 15th - Soul Food Sunday! At Shayne and Sandy Adams's house after the evening service.

November 17th – Inbetweens Activity! In the FB, 3:45-5 p.m.

November 20th -21st – GO Youth Rally! This will be at Heritage Christian University! Let me know by November 1 if you plan to go. Details to come later.

December 5th – Teens Christmas Party! This will take place at 5:30 p.m. at Jeremy and Katie's house! Each teen will need to bring a \$5 gift that he or she would not mind taking home.



December 6th – Combined Devo! Stay after the Sunday p.m. service for devotional time, fellowship, food, and fun! Special thanks to Sandy Adams for organizing the food for this.

Closing it out:

Alfred Adler was a well-known Austrian psychologist of the 20th century. His work is still highly regarded by many today, and while I can't say that I agree with everything that he had to say, one of his quotes is perhaps my favorite of all time:

"Follow your heart, but take your brain with you."

I would imagine that if each of us had a complete log of the mistakes we had made, we would be able to draw a couple of conclusions very easily. First, that we have each made far too many mistakes! And, second, that many, if not most of those mistakes, were made by making impulse decisions and not considering the ramifications of what we were about to do.

We would save ourselves so much turmoil if we would simply use our brains, along with our hearts, when making decisions. More importantly, though, we would keep ourselves from sinning!

"Wise people think before they act; fools don't – and even brag about their foolishness." Proverbs 13:16, NLT

Until next time...

Jeremy

PRAYERS ARE REQUESTED

JAMES BELEW received test results after his recent bronchoscopy and lung biopsy. No cancer was detected. There is still no explanation for his drastic weight loss, and a PET scan will be scheduled soon. 514 West Point Road, L'burg, TN 38464.

MARTHA BRITTON had a biopsy procedure last week. 365 Chicken Creek Rd., Pulaski, TN 38478.

VICKIE CROUCH is scheduled for Achilles tendon surgery on Monday, November 2, at the Mid TN Bone and Joint Surgery Center in Columbia. 1619 Hilltop Drive, L'burg, TN 38464.

ROBBIE GUTHRIE's thyroid surgery has been rescheduled for Wednesday, November 18, at the Spring Hill Surgery Center. 1804 Jean St., Lawrenceburg, TN 38464.

NATALIE HAISLIP got good results from recent heart tests. Her chest pain does not appear to be heart-related. 702 9th Street, Lawrenceburg, TN 38464.

ANGELENA STEWART was admitted to Maury Regional Hospital on Tuesday, October 27, with stroke-like symptoms. 823 Mahr Ave., Lawrenceburg, TN 38464.

JIM CALTON was in Maury Regional Hospital, CCU, as of Tuesday, October 27. He was being treated for sepsis and also suffered another heart attack while hospitalized. His home address: 175 N. Old Military Rd., Summertown, TN 38483.

TONY FINCHER, a friend of **Steve Sisk** and co-worker of **JoJo Gieske**, is home and recovering well after recent heart valve replacement surgery. 50 Flatwoods Rd., Ethridge, TN 38456.

JERRY GLASS, JR., father of **Ricky Glass** and **Lisa Seaver**, has been battling cancer. The cancer is worse and has continued to spread. 2795 Buffalo Road, Lawrenceburg, TN 38464.

MELISSA HINE, mother of **Sheena Rochelle** and grandmother of **Mason, Courtney, and Kinley Rochelle**, was admitted to STRHS on Tuesday, October 27, with chest pain.

BETTY SMITH, wife of **Mike Smith** who has a local construction company, is recovering after breast cancer surgery last week. The surgery went well. 65 Mt. Lebanon Rd., L'burg, TN 38464.

BOB WILEY, brother of **Jack Wiley**, is now in a step-down room in Jewish Hospital in Louisville, KY, following recent aortic valve replacement surgery and complications. Please send cards to Bob in care of his daughter: Bob Wiley, c/o Vickie Wiley Pusateri, 18401 Bridgemore Lane, Louisville, KY 40245.

SYMPATHY

We extend our Christian love and sympathy to the family of **STELLA BRAZIER**. She was the aunt of **Anthony Serrett**, and she was the grandmother of **Keinan Mendez** who has been visiting here recently. The funeral was Tuesday, October 27, in Lawrenceburg.

Condolences may be sent to **Anthony Serrett** at 16 Guard Drive, L'burg, TN 38464. Condolences may be sent to **Keinan Mendez** at 1616 Baker Lane, L'burg, TN 38464.

NEW BABY

Brand new baby girl **HANNAH ROSE GALLIAN** arrived Wednesday, October 21, to parents **Russ and Sara Gallian**. Hannah Rose weighed in at 8 lbs., 9 oz., and measured 20 inches long. Hannah has three siblings at home: sister, **Madison**, and brothers, **Jacob** and **Noah**. Grandparents are **Junior and Norma Gallian** and **Greg and Lynn Romsdal**.